

Live-aboard Cruising Course Program - 3 Days (3+ students)

Day 1 3 Day Live-aboard: Day 1

Start Finish

9.00 16.30 Admin & Introduction
Onshore Skipper Responsibilities
 Forecasts
 Local weather conditions
 Piloting
 Planning
 Safety and Emergency Procedures
 Refueling
 Correct use of log book
On Board Yacht Inspection
 Crew Briefing
 Winch operation
 Leaving the Dock under power
 Identifying Features and Position
 Continual Positional Awareness
 Heavy Weather Sailing
 Anchoring Techniques
 Galley equipment
 Dinghy and outboard
 Familiarise Day 1 Course
 Complete Log
 Debrief

Day 2 3 Day Live-aboard: Day 2

Start Finish

9.00 16.30 Overboard Recovery Methods
On Board Safety and Emergency Procedures
 Check Yacht (Walk – Around)
 Engine Checks
 Confirm Track Details
 Anchoring Techniques
 Boat Control Under power
 Boat Control
 Sail Controls
 Anchoring Techniques
 Knots and Lines
 Familiarise Day 2 Course
 Complete Log and Debrief
 Debrief

Day 3 3 Day Live-aboard: Day 3

Start Finish

9.00 16.30 Discuss Towing
On Board Discuss Heavy Weather Sailing
 Check Yacht (Walk – Around)
 Engine Checks
 Confirm Track Details
 Discuss Heavy Weather Sailing
 Steering and boat control with sails
 Position: bearings and transits
 Pack-up Boat
 Inventory food
 Ensure boat is clean
 Returning to the Dock
 Securing the Boat Properly
 Check/Complete log
Onshore Exam Review

